

## **Recommendation for Sonia Martins,**

I highly recommend Sonia Martins, who has been an incredible caregiver to our two children, a 3.5-year-old daughter and a 1.5-year-old son, from October 2023 through September 2024.

From the very beginning, Sonia seamlessly integrated into our family, building strong, positive relationships with our children. Her ability to engage them through play, reading, crafting, and outdoor activities, was remarkable. Sonia was always attentive to our children's schedules, ensuring naps, meals, and routines were maintained with consistency. Additionally, she is fluent in both Portuguese and English and used both languages with our children, which was important to us and the development of our children.

What stood out most was Sonia's unwavering trustworthiness. We never once had to worry about the safety or well-being of our children in her care. She maintained a calm and composed demeanor even in challenging situations, and her proactive communication ensured that we were always well-informed about our children's daily activities and any important updates.

Sonia displayed a remarkable level of organizational skill. She cared for our children, helped with meal preparations, and other household duties with ease, always ensuring that everything ran smoothly and efficiently. Her ability to adapt to our family's needs and preferences was greatly appreciated.

Sonia has been an invaluable part of our family, and we are deeply grateful for her contributions. We wholeheartedly recommend her for any position that involves the care and nurturing of children. She will undoubtedly be an asset to any family or organization fortunate enough to have her.

If you have any further questions or need additional information, please feel free to contact me.

Sincerely,

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